

Dear SAA Families,

We hope that this message finds your whole family healthy and safe during this time! The last few weeks have been full of many unprecedented events. Our teachers have moved their instruction and lessons to at home packets and online platforms and your students are interacting with teachers from home. We know that this has brought about many changes for you and your students and we want to thank you for your patience as we moved to remote learning and your diligence to encourage your students to participate in all of the different ways that they can and have been provided. **You are all doing great!** Your support through this is greatly appreciated by the staff at SAA.

As we have moved into April, we just wanted to remind you of a few things. For the health and safety of our staff and families, the building is not fully staffed. There will be staff in the office from 8:00-12:30 and during that time you can call for assistance, you may pick up and drop off packets on the tables in the foyer, and you may sign-out technology (Chromebooks). If you need to contact your child's teacher, please email them as they are not in the building every day. Grab and Go lunches and breakfast for the next day will be available daily from 11:30-12:30 on the south side of the Junior High building.

Students, we miss you! SAA families, we miss you! We want you all to be healthy and safe, so even though we miss you all so much, we know that this is what is needed at this time. Please take care of yourselves and one another, stay healthy and stay safe!

Sincerely,

Mr. Pfister and Mrs. Hotelling

SPECIAL SHOUT OUT TO STUDENTS:

THEY HAVE HAD TO ADAPT TO NEW LEARNING DELIVERY AND NEW UNCERTAINTY. THEY ARE MISSING FRIENDS, TEACHERS, ROUTINE, AND NORMALCY.

HANG IN THERE. WE MISS YOU! 

@teachergoals

APRIL 2020

Syracuse Arts Academy Antelope Campus

Dear Students and Parents,

I know these past few weeks have been different and challenging. My hope is that all of you continue to be safe and well while adjusting to this temporary way of learning. My thoughts are with you all and I am here to support you in any manner that I am able. I found a helpful graphic that might bring some new ideas for learning at home. I would like to share it with all of you. Please feel free to contact me. I miss you all!

Sincerely,
Mrs. Montgomery
School Counselor

Homeschooling Recipe for Success



Ingredients

- Consistency
- Positive reinforcement
- Frequent breaks
- Communication
- Taking care of yourself

Tips

Do your best to make your child's schoolwork as fun as possible. For math, use various items from around the house for examples. Cheer them on. Praise them as much as possible. Go outside. Change the atmosphere. If you make this fun, your child will see it as fun. If you are stressed, your child will be stressed. It's all in **YOUR** attitude.

Preparation

1. **Consistency is key.** Kids crave structure and consistency. Develop as much routine as possible. The best time to start is right after breakfast. Do as much as you can right away in the morning, while they are well-rested and have full stomachs. This is when their energy level and attention span is at it's best. The longer the day goes on, the more tired and bored they will become.
2. **Positive reinforcement.** Use as much positive reinforcement as you can. For example, every sentence your child writes, they earn a sticker towards a reward that suits them best. Try to give as many small, immediate rewards as possible and work their way to a bigger, end goal (i.e., once they fill up their chart, they get to stay up 30 minutes later, or earn extra iPad time.)
3. **Allow for frequent breaks.** If your child gets frustrated with their work easily, allow frequent, timed breaks. For example, once you write 2 sentences, you can play with your toys for 5 minutes, then come back and write 2 more. Using a timer can allow for consistency so they do not take advantage of the breaks.
4. **Communicate at their age-level.** Use as many emotion words as you can. For example, "I can see you are getting frustrated. Let's take some deep breaths together. What can I do to help you? What do you need from me?" Validate their feelings and that it is okay to get upset. Point out how well they handled a situation when they were upset. "Wow, look at how well you took those deep breaths when you got mad."
5. **Take care of you.** Don't forget to take care of yourself, also. If you can sense yourself getting frustrated, then it's okay to walk away for a moment and calm your own emotions.

POEC NEWS

POEC Elections: Please watch for more information.

Book Fair/Grand Adult Lunch:

Has been cancelled for the 2019/2020 school year. The next fair will be held in September.

Spirit Day:

Cancelled... but feel free to still do your hair in any crazy way you want on April 24th (You can even take a picture and post it.

Mother/Son Event:

Cancelled for the 2019/2020 school year.

Box Tops:

We are \$72.20 away from our yearly goal! Please remember to use the BoxTops App and scan those receipts!

Teacher Appreciation:

To be announced. Thank you letters from the students to the staff are always welcome at this time 😊

